

# VOICE OF THE RESIDENTS

No. 6

BROADMEAD, COCKEYSVILLE, MD.

MARCH 1980

## LITERARY MAGAZINE PROPOSED AS NEXT BROADMEADERS' PROJECT

From all that is known, there are several Shakespeares, Molières, Willa Cathers, and Edna St. Vincent Millays, among Broadmead Residents--more of less; and many more men and women who read short stories every week or who have done book reviews for the best newspapers and magazines.

That lineup has all the makings of a "literary" magazine or journal at Broadmead. Or the group may want to publish, once a year, a collection of original poems, or a collection of original art. If not once a year, then twice a year.

What we have said of poetry and art also goes for essays and short stories.

Of course, the Voice of the Residents will carry a poem, an essay or a short, short story from time to time, as available, but it cannot be a classic journal, leisurely put together, and dealing with the timeless subjects.

The Voice's focus must be on the What, Who, when, Where, How, and why of the present--almost of the passing moment.

With 11 hobby projects now well under way, Hobby No. 12 could easily be something of the kind proposed above. We feel there is gold in these Broadmead hills.

G. James Fleming

## 1981 CONFERENCE ON AGING

A Philadelphia lawyer has been appointed by President Carter as the national chairman of the 1981 White House Conference on the Aging. She is 81 and has been active in many facets of the law and public affairs. Judge Juanita Kidd Stout is wife of Judge Pace Alexander.

A series of community forums will be held during 1980 in different parts of the country in preparation for the White House meeting in December 1981.

## CLUSTER REPRESENTATIVES ELECTED TO RESIDENTS ASS'N BOARD

The sixteen representatives from the Broadmead clusters, previously elected, attended their first meeting of Residents Board of Directors on February 26, in the Recreation Room. Presiding was the Residents' president, Kenneth Walker.

The clusters, the respective representatives, and their apartment numbers are as follows:

|                     |      |
|---------------------|------|
| A. Alice Shoff      | A-11 |
| B. Charles Baldwin  | B-16 |
| C. Chauncey Tatum   | C-15 |
| D. Huston Crippen   | D-12 |
| E. Kenneth Kinks    | E-6  |
| F. Francis Campbell | F-2  |
| G. James Willan     | G-8  |
| H. Agnes Levy       | H-7  |
| J. Dorothy Craig    | J-16 |
| K. Herbert Butler   | K-6  |
| L. Francis Beck     | L-7  |
| M. Mamie Phillips   | M-1  |
| N. Henry Van Horn   | N-3  |
| P. Cyril Murphy     | P-5  |
| Q. Ruth Plant       | Q-5  |
| R. Alice Powell     | R-15 |

Among the topics discussed were: duties of Cluster representatives, relation of the Residents Association to the Broadmead Board of Trustees and the administration, formation of committees, food allowance for Residents not taking all meals, and Holly House.

Officers who were elected by the Residents-at-large, besides Ken Walker, are: Claire Stieff, first vice-president; George Conner, second vice-president; (Con't. on pg.7)



## JUDY'S LEAVING BROADMEAD IS AUGSBURG'S GREAT GAIN

The gain of Augsburg Lutheran Home is the loss of Broadmead, as most Residents know by now. This is another way of saying that Judith M. (our Judy) Bernstein is now in her third week away from Broadmead and is administrative assistant to the coordinator of the expanded Augsburg.

The first person employed by Martin Trueblood, Judy was his administrative assistant and director of housing. To most Residents, she was the director's "right hand man" (beg pardon, "right hand person").

Born in Baltimore, a graduate of Friends School and Centenary Junior College (Hackettstown, N. J.), now a Presbyterian, well-traveled (England, Switzerland, France, Italy), she is the mother of two sons, Larry, who will graduate from Franklin and Marshall in June, and John who will graduate from Towson High School in the same month.

Broadmeaders already know what Martin Trueblood thinks of Judy, as expressed in his letter to the community on February 8. Judy, in speaking to the Voice, said:

"I leave here with a very good feeling about Broadmead: but also with great sadness. I have learned so much here; I have met such differently fine people; I have been helped to realize that I am committed to lifetime medical care."

The lucky coordinator of Augsburg is Jake Yingling, who helped to write the Maryland lifetime care legislation.

From sentiments heard here and there, the Residents of Broadmead extend their best wishes to Judy, in the spirit of "Bon Voyage."  
G.J.F.

## HELP WITH TAXES

Income tax assistance has been re-scheduled for the evenings of Monday, March 17 and Thursday, March 20, from 6:30 to 9 p.m. in the Program Office on the Lower Level, Center Building.

If you would like help, please sign up on the bulletin board or call Dot Graham 628-2169.

## TUESDAY AFTERNOON MOVIES WEEKLY UNTIL JUNE 3

The Film Club will begin in March to show the B. B. C. series "civilization", narrated by Kenneth Clark. The films will be on Tuesdays from 4-5 p.m. in the auditorium. These films, which have received excellent reviews, will be free. The schedule is as follows:

- March 11 - Frozen World
- March 18 - The Great Thaw
- March 25 - Romance and Reality
- April 1 - Man--Measure of All Things
- April 8 - Hero as Artist
- April 15 - Protest and Communication
- April 22 - Grandeur and Obedience
- April 29 - Light of Experience
- May 6 - Pursuit of Happiness
- May 13 - Smile of Reason
- May 20 - Worship of Nature
- May 27 - Fallacies of Hope
- June 3 - Heroic Materialism

## OPEN HOUSE HUGE SUCCESS ON BRIGHT, SUNNY DAY

A bright cold Sunday afternoon, February 17, brought some 500 visitors to Broadmead's Open House. The about-to-open skilled nursing wing, Hallowell Hall, the 35 personal care units of Taylor Hall, the outpatient suite, the physical therapy room were all open for inspection. The main dining room, the auditorium, the lounge, the library, the kitchen, the coffee shop, and the country store on the main floor, were also on view, together with the residents' activity rooms on the lower level--the wood shop, sewing, weaving, painting, photography, recreation room, and the beauty and barbershop.

A dozen residents were on hand to serve as guides along with Board members and staff. Thirty-three residents volunteered to open their apartments to guests and as many as 65 and 70 visitors were reported at some of them. Refreshments were served in the lounge....The day was proclaimed a great success by all concerned.



## EASTER EGGS EXHIBIT CLIMAXES MARCH WEDNESDAY LECTURES

Begun with "Some aspects of Japanese Painting," the Wednesday afternoon lecture series will close with "Eggs at Easter: Their significance and symbolism." As announced by Mildred Beck, for the Program Committee, the entire March series will convene in the Auditorium, beginning at 2 p. m. The lectures and dates are as follows:

Wednesday - March 5, 1980

Ann Allen, lecturer, Walters Art Gallery.

Topic: "SOME ASPECTS OF JAPANESE PAINTING"

Wednesday March 12, 1980

James T. Smith, Jr., Esquire, Councilman, 3rd District, Baltimore County Council.

Topic: "LIVING IN BALTIMORE COUNTY IN THE 1980's"

Wednesday March 19, 1980

Helen Smith, Executive Director, Memorial Society of Greater Baltimore.

Topic: "FUNERAL AND MEMORIAL SOCIETIES: PUTTING ONE'S HOUSE IN ORDER."

Wednesday - March 26, 1980

Grace N. Purvis, Retired educator, Baltimore City Public Schools.

Topic: EGGS AT EASTER: THEIR SIGNIFICANCE AND SYMBOLISM" (exhibits)

## MYSTERY OF MYSTERIES

Imagine looking out of my window at the mesa just beyond very early one morning not so long ago. I happened to look at the ground just below.....Footprints, large footprints, leading to my window. I saw them with apprehension, as it was impossible for someone to come in that way.

I was really mystified. Frightened. Then came our friend, Bill (from maintenance). He assured me that a sub-contractor had to measure the amount of gutter which had been used.....

Have you seen his footprints? M. B.

## SEVEN IN STEAMING BUS RESCUED BY POLICEMEN

The anecdotes to tell grandchildren never end at Broadmead. The latest is the trip on February 14, by seven Broadmeaders, destined for the Maryland Historical Society for a celebration by the League of Women Voters.

When their bus began steaming beyond safety and two Baltimore City police cars came, the charming seven persuaded the gendarmes to ride them to the Historical Society. They did. They wanted to turn on the sirens, but the ladies demurred. Flashing lights were enough.

Incidentally, the bus was not owned by Broadmead. Our bus is in the shop. Bus was graciously loaned to us from Stella Maris.

The rescued Seven have sent off appropriate letters to the police officers in question, thanking them for going the "second mile."

## CLAIRE WALKER'S RUSSIAN TALK WELL RECEIVED BY RESIDENTS

Claire Walker, while a history student in Mount Holyoke College, realized that the United States must get along with Russia. She felt that to do so some people from the United States must speak the language, so as to be able to communicate.

Following the star, she has had a distinguished career in teaching the Russian language at Friends School and in travelling in the Soviet Union. Claire was a member of the Founding Committee of Broadmead, and on the Board until she moved into Broadmead. She spoke in the Wednesday Lecture series on Jan. 30, 1980.

With her episodes and the cartoon posters she collected, she told us much of the Russian ways and their ideas of us. What was the meaning to the Russians of the familiar tale of the family which could not dislodge the turnip until the tiny mouse added its tiny strength? Did it give courage to the most insignificant person to add his weight?

According to Claire, the Russians feel that our big problem is unemployment. They seem to feel that their big  
(continued on page 4)



## CLAIRE WALKER'S RUSSIAN TALK

(continued from pg. 3)

problem is that they have very little choice in purchasing their needed articles. They cannot conceive of a country where nearly everyone has a refrigerator and where personal mail is not censored.

She discussed the three faces of Russia which are the beauty of the cities and countryside, and the production of beauty; their inefficiency and their militarism. Their history is long and all kinds of government have been tried--including democracy, she continued. It came as a surprise that the Russians think that Americans are very militarist and love war. Just as we think of the Soviets.

Claire has taken a number of student groups to Russia and helped in sending others. A group is now at the Pushkin Institute for three months. The students will have supervision only in classes. They may go around the city alone and in a limited way outside of the city. The leaders from the United States have been assured that, although U.S.-Soviet politics is in trouble, our cultural exchange is not. When asked if the students will be safe, Claire's answer was immediate. "Yes. They know the rules. If they use good sense and follow the rules, they will be safe."

In summing up her thoughts about Soviet Russia she said, "They are inefficient, not organized, tend to be hypocritical, and I love them. They are human, warm. When they talk about peace, they mean it. They love you. You must respect them and their long tradition."

Margaret T. Bouchelle

## BROADMEADERS SPEAK AT SHERWOOD

George Conner was the leading discus-  
sant when the Brotherhood of St. Andrew,  
Sherwood Episcopal Church, held its Feb-  
ruary breakfast meeting. The subject was  
the "The Broadmead Approach to Christian  
Service." Other Broadmeaders taking part  
were Richard Dow, G. James Fleming, and  
Carl and Agnes Levy. Douglas Turnbull,  
of Sherwood, introduced the speakers.  
The Rev. Robert Crumbine is interim priest  
of the church, while a calling committee  
is engaged in finding a new rector.

## LATEST BRIDGE RATINGS

Near the end of February, Broadmead has crowned six weekly champions in both the Monday afternoon "League" and the Friday night "League". Only Chuck Ford has been a two-time winner. The composite scores (totalling all six sessions) shows Haines Felter leading the Friday night group with Cy Murphy leading the Monday afternoon group.

PAST MON. CHAMPIONS

1. Jan 14th Ruth Clegg
2. Jan 21st Helen Sparks
3. Jan 28th Frances Braunstein
4. Feb 4th Louise Jones
5. Feb 11th Elizabeth Emmons
6. Feb 18th Cy Murphy

PAST FRI. CHAMPIONS

1. Jan 11th Marie Phillips
2. Jan 18th Peg Stevenson
3. Jan 25th Chuck Ford
4. Feb 1st Haines Felter
5. Feb 8th Chuck Ford
6. Feb 15th Dolly Marsland

TOP TEN MONDAY PLAYERS

- 1st - Cy Murphy
- 2nd - Elizabeth Emmons
- 3rd - Janet Rogers
- 4th - Bob Jones
- 5th - Ruth Clegg
- 6th - Helen Myers
- 7th - Ira Downs
- 8th - Elizabeth Muller
- 9th - Ada Martin
- 10th - Mabel Mathias

TOP TEN FRIDAY PLAYERS

- 1st - Haines Felter
- 2nd - Sam Silberstein
- 3rd - Peg Stevenson
- 4th - Louise Jones
- 5th - Ono Lescure
- 6th - Hod Berean
- 7th - Hazel Sauer
- 8th - Adda Gilbert
- 9th - Elizabeth Burns
- 10th - Dolly Marsland

## LIBRARY NOTICE

As of March first the Library, an extension of the Lounge, will be open all the time. WELCOME!



## IT REALLY ISN'T LIKE THAT

The Philadelphia Inquirer published on January 10 an unflattering article on living in retirement communities. One of the residents of Foulkways wrote a response to that article and this was published in the Foulkeways Bulletin and reprinted in the Pine Run Voice. We feel it is worthwhile publishing it also in the Voice of the Residents.

To the Editor:

"It isn't like that!" The article on retirement communities on January 10 is based on false premises. I live very happily in one of my own choice. I was not "coaxed or blatantly forced" into coming here, nor were my friends who have chosen this way of life.

I enjoy visiting my children and grandchildren and having them visit me here, but I find them exhausting and am thankful I do not have to live in the clamor and hyper-activity of the modern family. I value my own independence and ability to pattern my own life as I choose.

The article rightly states that "the elderly need more than just services that meet their physical needs. They need interaction with others on a level above the mundane necessities of living," but it goes on to assume that such interaction "must come from people on an age level different from their own", and that is not true. Association with other elderly people (and they range from 65 to 99) offers great mental stimulation, empathy, and mutual satisfaction.

I realize that a young person cannot understand how much we "enjoy" each other, and how much we receive from our fellow residents in acts of kindness, companionship in simple pleasures, participation together in creative pursuits, and, most of all, understanding acceptance of physical disabilities and sympathetic tolerance for the little "quirks" common to those of advancing age.

We live in this community of our own free will and thank God daily that we are here.

Virginia C. Young

## LETTERS TO THE EDITOR

A few Sundays ago I heard several persons explain the Broadmead Community at Sherwood Episcopal Church, Cockeysville. I am sure you already have a motto for Broadmead. If not, I propose the following: "Cooperate! Remember the banana; everytime it leaves the bunch, it gets skinned."

Robert Vogt

Dear Voice:

Congratulations on issue #5 (Feb.), which I just received. Read every word of it and found most enjoyable! Certainly, a credit to you that a non-resident could find the paper so interesting.

Nancy W. Van Arsdale, Monsey, N.Y.

## A THOUGHT!

A budget is merely a mathematical confirmation of your own worst suspicions.

DEADLINE FOR APRIL ISSUE MARCH 21

## HAIRDRESSER, BARBER BOTH HERE

As life at Broadmead takes shape a number of centers of activity become evident, places where people gather for one reason or another. Of course the dining room is the most obvious, followed by the lounge, the adjacent library, the front desk, the mail boxes.

The waiting room for the medical department is a fine place to hang your coat and drop down in a comfortable chair to read magazines or chat with friends, whether or not you have business with the staff.

Down the curving stairway, or down the elevator, is another center of activity, the combined hairdressing salon and barber shop, presided over by George Baker, with feminine assistance from blonde Gayle Danza. Activity begins early for the early risers, and continues throughout the day.

(Con't on pg. 6.)



## "IDES OF MARCH" RECALLED FOR YOUR READING PLEASURE

Just because it is the month of March, the Voice thought to remind its readers of the celebrated "Ides of March."

It was Shakespeare who made the western world conscious of the Ides of March, who surrounded the very words "the Ides of March" with an atmosphere of foreboding and apprehension.

Is there one of us who does not involuntarily shiver when recalling the warning of the Roman soothsayer to Julius Caesar, "Caesar, beware the Ides of March". Caesar, at the very peak of his power took heed of the man's words, but dismissed his warning, saying "He is a dreamer. Let us leave him." However, the warning stayed in Caesar's mind.

When he appeared in the street before the Roman capitol on "the day", he said "the Ides of March are come", but the soothsayer was at hand to say gloomily, "Ay, Caesar, but not gone." And so it happened that the great Caesar met his fate, dying by being stabbed by a group of conspirators, among whom were a number whom he thought of as his friends, especially Brutus, causing him to utter the familiar words "Et tu, Brute? Then fall, Caesar!" as he died.

In the old Roman calendar, the Ides was a day near the middle of each month, except March, July, and October, when the Ides fell on the 15th. So the Ides of March on which Caesar was assassinated were on March 15.

The old Roman calendar originated as a local calendar in the city of Rome supposedly drawn up by Romulus, some seven or eight centuries B. C. Through the centuries the Romans revised their calendar several times. Today, the Ides of March have lost their meaning. The sense of doom and foreboding has been transferred to the Ides of April, or at least April 1. Virginia Williamson

## DISCOUNTS FOR SENIOR CITIZENS

Persons 60 years of age and over may obtain a Senior Citizen Discount card by filling out a brief application card to the Baltimore Commission on Aging, 32 West Susquehanna Avenue, Towson, Md. 21204.

## CELEBRATION OF SALON MUSIC FEATURES BROADMEAD ARTISTS

Warmest memories of earlier years raced through the veins of an overflow Audience of Broadmeaders when Rowe Hinsey, violinist, and Matthew Purvis, pianist, both Residents, performed on Ash Wednesday afternoon.

The great composers were represented, such as Bach and Beethoven. Most of all however, was the daring of the artists in including heart-warmers such as "Minuet in G," "Humoresque." "Jeanie with the Light Brown Hair," "Nobody Knows the Trouble I see.", "Midnight Bells from the Opera Ball".

The opening number was Bach's "Arioso from Cantata 156."

Next to the high quality of the two well-trained musicians was the reaction of the audience after the recital. Nothing but high compliments were heard for the Program Committee, and nothing was expressed that was not hopes for an early "repeat" by these artists.

## HAIRDRESSER, BARBER HERE (Cont. from pg 5)

All women know how they think their hair should look, but it seldom looks just right for long. George is willing to adjust to the many ideas about hair styles and to the many differences in texture, color, and quality presented to him each day. He aims to please. If he doesn't "get it. right the first time, I aim to keep trying until I do." So if you were displeased the first time you went, tell him so. He will really try to please you.

## FOOD SERVICES PROGRAM EXPLAINED AS RESIDENTS RAISE QUESTIONS

On Tuesday evening, February 5th, Martin Trueblood, Gil Van Houten, and Sandy Blosser discussed the working relationship between the Administration and Stouffer's, the "management contractor" for Broadmead's food services.

Given the continuing nutritional, emotional, and pleasurable role that food and its presentation play from the earliest moments of life, it is not surprising that the food service is regarded as a very close second in importance to Broadmead's health care program. For these reasons, Trueblood observed that, "It is  
(cont. on Pg. 7)



## FOOD SERVICES EXPLAINED (Con't from pg.6)

like bringing up a child. There are lots of ways of doing it wrong. But it is our intention to do it right!"

The philosophy underlying the food service is based on the principle, extensively documented, that at least one nutritionally balanced, flavorful, well-prepared and served meal in an attractive setting which fosters socialization, is a minimal daily requirement for most older persons. "This is the goal, and hurdles are steadily being surmounted."

Broadmead owns the kitchen and its equipment, furnishes all supplies and staff, except for the four managerial and technical persons who are employed by Stouffer's. The latter also provides basic recipes which are modified to take account of resident's preferences as well as special dietary needs.

The spirited discussion following the presentations highlighted residents' satisfactions and disappointments. Van Houten reiterated that "the staff is still pioneering, still struggling" and committed to "trying to make it the very best possible service." Toward the achievement of that end, he stressed the "on-going need to hear from residents--written or verbal, signed or unsigned."

Sandy Blosser, in charge of special medical diets, menu planning, and the dietetic requirements of the community, offered to discuss individual needs of residents if they wish to meet with her.

The use of Holly House for private functions and the satellite kitchen for skilled nursing facility were described, residents' own favorite recipes were solicited for inclusion in the menus, and invitations were extended to tour the kitchen on the 2nd and 4th Thursday of every month, 3-4 P. M. Mildred Beck

## CLUSTER REPRESENTATIVES ELECTED

(Con't. from pg. 1)

Kathaleen Kennedy, secretary; Cyril Mahan, treasurer; Karl Levy and Nancy Rowe, representatives to the Broadmead Board of Trustees.

DEADLINE FOR APRIL ISSUE MARCH 21

## HOUSEKEEPING AND MAINTENANCE CLARIFY SCHEDULES FOR RESIDENTS

Residents heard Martin Trueblood, Judy Bernstein, and Marianne Bachman discuss the Housekeeping Department's current organization, policies, and practices. While most of the facts are spelled out in the Resident's Care Agreement, the Handbook and the Housekeeping Memorandum of December 21, 1979, the give-and-take between the Administration and Residents helped sort out the problems that are transitory, those that are now being remedied, and those that may remain essentially unchanged, at least for the present. The meeting was held on January 15.

A number of Residents' suggestions, proposed for improved services and greater efficiency, are to be implemented as quickly as possible. Another joint meeting for the purpose of reviewing and evaluating the new revised and instituted housekeeping practices will be scheduled as soon as accumulated experience makes it feasible. Toward this end, Trueblood urged that he be apprised of snags as objectively and promptly as possible because "it is up to all of us together to make things work as they should."

The up-dated policies and services of the Maintenance Program were discussed by Martin Trueblood, Howard Ketler, and Paul Trautner on January 22nd. The presentation was facilitated by a memorandum containing information about the free-and-fee services that the Maintenance Department will provide.

Important distinctions were made between the remaining phase-out responsibilities of the contractors and the on-going and permanent responsibilities of the Maintenance Department. During the discussion period, it was emphasized that every effort is being made to correct, eliminate or substantially reduce residual construction and engineering problems.

The Residents were assured that easily identifiable Broadmead personnel will accompany any workmen entering apartments, that worrisome drainage problems are to be attended to immediately, a screened patio porch model is now being tested, and, among many other things, plans have been formulated for summer insect control and for improved measures for flood plane management.

M. B.



The Open House on Sunday, February 17th, was a great success, and it gave me great personal satisfaction. It was particularly satisfying to me because I really had almost nothing to do with it. The Open House was the plan of the Board of Trustees, and was carried out by them with the help of several staff members and with a great deal of assistance from Residents. As I watched the proceedings from my station in the lobby it became clear that the Open House was a chance for Residents to show their new homes to their friends and to other Broadmead visitors.

Some of you know that I have been named to the House of Delegates of the American Association of Homes for the Aging. AAHA is the national organization representing non-profit and government facilities throughout the country serving the older population.

Earlier this month I attended a retreat in San Antonio of the House of Delegates to plan the direction of AAHA for the next five years. AAHA has been slow to recognize the development of communities like Broadmead as the new direction being followed by non-profit organizations. This is partly due to the fact that AAHA was founded by organizations which largely represented the traditional church home, and the activities of AAHA were directed to those facilities.

The House of Delegates took a position at the retreat recognizing that the development of "continuing care communities" was the direction of the future and should receive more attention from the national staff in Washington. The House of Delegates also took a position advocating the development of an interfacility organization of Residents Associations.

AAHA was originally an organization of administrators, but as the years have gone by programs have been added for Board members and legal representatives. I hope that Broadmead's Residents' Association can look forward to taking part in a national program for Residents' Associations, including sending a representative to the annual AAHA conference held each October.

Maryland, along with most other states, has had no law written to regulate communities like Broadmead. In re-

cent years a few states have responded to interest at the national level and have instead passed their own state laws. Ten years ago a Bill was introduced in the Maryland legislature that would have made this type of community impossible in the future. This law was referred to the Department of Aging for further study and I was appointed to the study commission. I am happy to say that the Senate Bill 867 has now been introduced in this legislature session and is acceptable to Broadmead and to other existing non-profit homes. It should be a workable bill for new communities being developed. This bill will give Broadmead a legal basis under the Department of Aging, thereby eliminating the risk of new laws being developed that could be detrimental to us. Copies of the bill will be available in the office.

THE MORE THINGS CHANGE.....

A retired teacher who returned to school as a substitute reported to her friends that the students are full of the new math, the new English, the new Geography, and the same old excuses.

VOICE OF THE RESIDENTS

Published by and for the Residents Association of Broadmead,  
Kenneth O. Walker, President.

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(Guest Contributors welcomed)